



ASPC CONTINENTAL
FORUM
OF THE AMERICAS
PERFORMANCE CENTRES
ON ELITE SPORTS
GUATEMALA 2026

OFFICIAL PROGRAM

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PERFORMANCE CENTRES ON ELITE SPORTS
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 **PASIÓN POR
GUATEMALA**





WELCOME

It is an honor to welcome you to the ASCP Continental Forum of the Americas Performance Centres on Elite Sports.

This forum represents a unique space to share knowledge, drive innovation, and strengthen collaboration among high-performance centers across the continent.

Together, we are building the future of sport in the Americas.

ASPC CONTINENTAL FORUM OF THE AMERICAS 2026

PROGRAM FOR DAY

TUESDAY 6th

- 14:00 - 19:00 ● Participant Registration
Delivery of Accreditations and Forum Materials
- 17:00 - 19:00 ● Welcome - Networking
Informal space for initial interaction among participants
Cocktail included

WEDNESDAY 7th

Mental Health, Athlete Development and International Cooperation

- 8:30 - 9:00 ● Welcome Coffee
- 9:00 - 09:30 ● Official Opening
Welcome remarks and Forum objectives

SESSION 01

- 09:30 - 10:30 ● Mental Health
The Mental Edge: Where Performance Meets Well-being
 - 20 minutes ● Heidi Malo - National Institute of Sports Quebec
 - 20 minutes ● Maria Loreto Gonzalez - Chilean Olympic Committee
 - 20 minutes ● Panel discussion
- 10:30 - 11:00 ● Coffee break

SESSION 02

- 11:00 - 12:00 ● High Performance Athlete Development
Winning by Design: How High Performance Systems Deliver Results
 - 20 minutes ● Ryan Atkinson - CSI Ontario
 - 20 minutes ● Debbie Low - CSI Ontario
 - 20 minutes ● Panel discussion
Waleska Soto OLY - Athlete perspective
- 12:00 - 12:30 ● Dynamic interaction / Transition
- 12:30 - 14:00 ● Lunch & Networking

SESSION 03

- 14:00 - 15:00 International Cooperation
Partnerships that Win: The Power of International Cooperation in Sport
 - 20 minutes ● Carlos Santiago OLY - Athlete 365 career+
 - 20 minutes ● Belgrade, Serbia - XV International Forum on Elite Sport
 - 20 minutes ● Carmen Marroquín - General Secretariat of the Central American Integration System (SICA)

FINAL ACTIVITY

- 15:00 - 15:30 ● Interaction activity
Round table discussion with speakers for knowledge exchange
- 15:00 - 15:30 ● ASPC AMERICAS MEETING (ASPC members only)
Planned Visits
 - 15:30 ● Departure to CENAD (Sports Performance Center)
 - 17:00 ● Visit to the Sport Museum

Cocktail at the Sport Museum Zone 4
(Participants to various restaurants)

THURSDAY 8th

Applied Sciences, Technology and Innovation, High-level Sports Events

08:30 – 9:00 ● Welcome coffee

SESSION 04

9:00 – 10:00 ● Applied Sciences

Onte Team, One Goal: Integrating Science, Coaching and Performance

20 minutes ● Dr. Alberto Garrido – Autonomous University of Nuevo León UANL

20 minutes ● Jordi Ferré – Kamleon

20 minutes ● Panel discussion

10:00 – 10:30 ● Coffee Break

SESSION 05

10:30 – 11:30 Technology and Innovation

The Future of Performance: Technology, Data and Competitive Advantage

20 minutes ● Mounir Zok – N3XT Sport

20 minutes ● María Puig – Eleiko

20 minutes ● Thomson Remo – Woodway

SESSION 06

11:45 – 12:45 Barriers for Women in coaching and leadership in sports
Breaking Barriers: Redefining Leadership Pathways for Women in Sport

20 minutes ● Lorraine Lafreniere – Coaching Association Canada

20 minutes ● Mariana Vieira de Mello – Brazilian Olympic Committee

20 minutes ● Panel discussion

12:45 – 14:00 ● Lunch & Networking

SESSION 07

14:00 – 15:00 High Level Sports Events

Beyond the Games: Building Legacy Through High Performance Events

● Guatemala – 2025 Central American Games

● Brazil – 2016 Olympic Games

CLOSING CEREMONY

15:00 – 15:30 ● Reflexion and Forum Summary

● Awards Ceremony

● Official Photograph

FINAL ACTIVITY

16:00 ● Departure to Cayala / Space for Interaction / Walk and visit

18:00 ● Official Dinner

FRIDAY 9th

Tour Activity

Service provided by a Travel Agency
Each participant arranges their own tour

