



ASPC CONTINENTAL
FORUM
OF THE AMERICAS
PERFORMANCE CENTRES
ON ELITE SPORTS
GUATEMALA 2026

OFFICIAL PROGRAM

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PERFORMANCE CENTRES ON ELITE SPORTS
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WELCOME

It is an honor to welcome you to the ASCP Continental Forum of the Americas Performance Centres on Elite Sports.

This forum represents a unique space to share knowledge, drive innovation, and strengthen collaboration among high-performance centers across the continent.

Together, we are building the future of sport in the Americas.

ASPC CONTINENTAL FORUM OF THE AMERICAS 2026

PROGRAM FOR DAY

TUESDAY 6th

- 14:00 - 19:00 ● Participant Registration
Delivery of Accreditations and Forum Materials
- 17:00 - 19:00 ● Welcome - Networking
Informal space for initial interaction among participants
Cocktail included

WEDNESDAY 7th

Mental Health, Athlete Development and International Cooperation

- 9:00 - 9:30 ● Welcome Coffee
- 9:30 - 10:00 ● Official Opening
Welcome remarks and Forum objectives

SESSION 01

- 10:00 - 11:00 ● Mental Health
The Mental Edge: Where Performance Meets Well-being
 - 20 minutes ● Heidi Malo - National Institute of Sports Quebec
 - 20 minutes ● Maria Loreto Gonzalez - Chilean Olympic Committee
 - 20 minutes ● Panel discussion
- 11:00 - 11:30 ● Coffee break

SESSION 02

- 11:30 - 12:30 ● High Performance Athlete Development
Winning by Design: How High Performance Systems Deliver Results
 - 20 minutes ● Ryan Atkinson - CSI Ontario
 - 20 minutes ● Debbie Low - CSI Ontario
 - 20 minutes ● Panel discussion
Waleska Soto OLY - Athlete perspective
- 12:30 - 13:00 ● Dynamic interaction / Transition
- 13:00 - 14:30 ● Lunch & Networking

SESSION 03

- 14:30 - 15:30 ● International Cooperation
Partnerships that Win: The Power of International Cooperation in Sport
Carlos Santiago OLY - Athlete 365 career+

FINAL ACTIVITY

- 15:30 - 16:00 ● Interaction activity
Round table discussion with speakers for knowledge exchange
- 15:30 - 16:00 ● ASPC AMERICAS MEETING
Planned Visits
- 16:00 ● Departure to CENAD (Sports Performance Center)
- 17:30 ● Visit to the Sport Museum
Cocktail at the Sport Museum Zone 4
(Participants to various restaurants)

THURSDAY 8th

Applied Sciences, Technology and Innovation, High-level Sports Events

9:00 - 9:30 ● Welcome coffee

SESSION 04

9:30 - 10:30 ● Applied Sciences

One Team, One Goal: Integrating Science, Coaching and Performance

20 minutes ●

Dr. Alberto Garrido - Autonomous University of Nuevo León UANL

20 minutes ●

Jordi Ferré - Kamleon

20 minutes ●

Panel discussion

10:30 - 11:00 ●

Coffee Break

SESSION 04 SIMULTANEOUS

9:30 - 10:30 ● Barriers for Women in coaching and leadership in sports
Breaking Barriers: Redefining Leadership Pathways for Women in Sport

20 minutes ●

Lorraine Lafreniere - Coaching Association of Canada

20 minutes ●

Mariana Vieira de Mello - Brazilian Olympic Committee

20 minutes ●

Panel discussion

10:30 - 11:00 ●

Coffee Break

SESSION 05

11:00 - 12:00 ● Technology and Innovation

The Future of Performance: Technology, Data and Competitive Advantage

20 minutes ●

Mounir Zok - N3XT Sport

20 minutes ●

María Puig - Eleiko

20 minutes ●

Thomson Reno - Goodway

12:00 - 12:30 ●

Dynamic interaction / Transition

12:30 - 14:00 ●

Lunch & Networking

SESSION 06

14:00 - 15:00 ● High Level Sports Events

Beyond the Games: Building Legacy Through High Performance Events

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Guatemala - 2025 Central American Games

●

Brazil - 2016 Olympic Games

FINAL ACTIVITY

15:00 - 15:30

Round tables with conferencist to exchange information

CLOSING CEREMONY

15:30 - 16:00 ●

Reflexion and Forum Summary

●

Awards Ceremony

●

Official Photograph

FINAL ACTIVITY

16:30 ●

Departure to Cayalá / Space for Interaction / Walk and visit

18:30 ●

Official Dinner

FRIDAY 9th

Tour Activity

Service provided by a Travel Agency
Each participant arranges their own tour

